

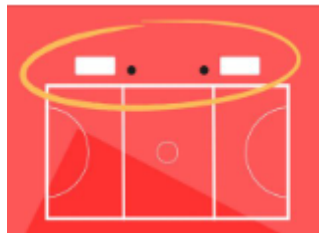


PREMIER LEAGUE ROLLING SUBS POLICY

KDNA ROLLING SUBS – PREMIER LEAGUE COMPETITION

Rolling Subs allows players to interchange in quick succession throughout the game, an unlimited number of times.

- Both Teams and scoring/timing officials to be sat on the same side of court. Each team may place a cone/dot to signify their 'rolling' area, if they wish to do so.



- Players rolling on/off must meet at their designated rolling area, switch bibs and tag hands
- New player enters the court staying ON SIDE
- Teams must have a minimum of 5 players on court at all times
- Teams must not delay play, for example roll off a CENTRE position as they are about to take their centre pass

PENALTIES APPLIED FOR INCORRECT USE OF ROLLING SUBS

- Delaying Play: Umpire blows whistle for Centre pass, then again for centre delay, penalty is advanced 5 metres and centre stands out of play
- Bibs not exchanged OFF the court: If a player takes their bib off before leaving the court that position will remain vacant until the next stoppage in play. If a player enters the court before placing their bib on, they will be asked to leave the court until the next stoppage in play.
- Offside rule: If the player rolling on/off goes into an offside area, the opposing team will be rewarded a free pass where the player went offside. Advantage rule will be applied where the free pass would disadvantage the opposing team.